

Women In Optometry ${ }^{\circledR}$ Pop-up Polls are sponsored by

## Time for You

Are you putting yourself first?

I'm good; I already take good care of myself.


What's keeping you from doing for yourself?


## Money: 3 - 0

I'd like to spend more time... $\square$ I do it now. $\quad$ I'd like to do more.



## On PARENTING



# What is the best timing? 

Career-focused women Career-focused men

Having children early in career
Having children later in career
Not having children
The timing is irrelevant

## The Terminology Tussle

85\% have used the term "working mom." $7 \%$ have used the term "working dad."
$38 \%$ have used the term "working parent."

No male respondents said that anyone has ever used the term "working dad" to describe them.
$72 \%$ of female respondents said that someone has used the term "working mom" to describe them.


## Work as a FUN PLACE

## Do You "Boo"? <br> Are you all in with Halloween?



How do you 39\% Ilove the holiday, love the spirit. feel about $29 \%$ It's a fun day, good for business.
Halloween celebrations in the office?

## $18 \%$ It's a fun day but not tremendously productive.

$13 \%$ If 1 could avoid the office, I would.
$3 \%$ I wish we could pull back from what we've been doing.

## Friends Indeed

Do you expect your friends to call you "Dr." in the office?


I'd like them to but won't complain if they don't.

- Yes, everyone does.

I don't care.



## LEADERS Wanted

Are women well represented in leadership in the optometric profession?

- Women are under-represented
- Women are appropriately represented
- Women are overrepresented



## Factors and obstacles

Family responsibilities don't leave time for leadership positions:

Women are less likely to ask for promotions:
Businesses aren't ready to hire women in executive leadership positions:
Women don't have access to the same networks/connections as men:

Women are held to a higher standard than men:

Major reason Minor reason
47\% 38\% 44\% 45\% $38 \% ~ 36 \%$ 27\% 42\% 27\% 35\%
"The Glass Ceiling is a persistent, clear obstacle. We can see through it, but when we get close and breathe, we can see the fog."
> "The ability to attend multiple meetings when women have a young family inhibits the ability to say YES."


# Does That Employee Need to Go ? 

# Does your office have a written policy for termination of employment? 

## Yes: 54\% Werefar wovidiass intere plices $58 \%$ Forssene vodiotios: 21\%

# Does your office typically provide a written warning or discussion on 

 violations that could lead to termination?We have a 3-strikes policy for some violations (tardiness, absence, protocol violations):

48\%
Serious violations are grounds for immediate dismissal: $\mathbf{3} \mathbf{3} \%$ For some violations, we warn but do not have a real policy: 120/0

Are you personally involved in hiring/firing decisions?

- I am the sole authority.

I have influence in hiring/firing decisions.

- I have little/no influence in personnel decisions.

Are you comfortable with your termination policies?
49\%

Yes, we have a fair and well-articulated policy.
28\%

Somewhat-our policies cover most circumstances.

$$
12 \%
$$

No, we do not have written policies.

$$
9 \%
$$

No, we have a policy, but it is outdated.


## CASH Is King for Gifts

## Does your office give individual gifts/cash to employees?



Party? Gifts? Both?


## How is the cash gift calculated?

## say cash is the most popular gift

Everyone gets the same thing (tumbler, jacket, gift certificate):

24\%
I search for a specific, individual gift for everyone: 120
Secret Santa, office games, small gifts in the under $\$ 25$ price range were also popular.

53\%
Based on a formula (salary and amount of time worked in previous year)
33\%

Everyone gets the same 12\%
Based on years of employment
(most common answers)


## Pay PARITY

Does your experience support that there is an income gap?

What contributes to the income gap?

## 65\%

Women's incomes don't progress at the same rate because women don't negotiate as well/as much.

$$
61 \%
$$

Women's incomes don't progress at the same rate because of family duties.

$$
45 \%
$$

Women choose work situations that provide lower salaries
(e.g., employed rather than owners).

$$
44 \%
$$

Employers offer female candidates less.

$$
35 \%
$$

Women don't work as many hours, even if the data is all from "full-time" ODs.


Here's the buzz



What constitutes being an adequate mom is vastly higher than what is required to be a great dad. I wonder if the income gap is mainly a gap between mothers and fathers, not generally men and women."
"We try to be 'too nice.' We need to push for what we deserve, and that will take time... a generation or two at least."
"Association-endorsed fee recommendations for all ODs based on years of experience."
"Standing up for oneself in negotiations and being willing to walk away from inadequate situations."
"Large organizations that hire ODs have salary algorithms that ignore gender.

# White Coats or No White Coats? 

## I wear a

 white coat for the
## pockets:

## 71\%

I wear a white coat to look professional:

## I wear a white coat...



Male ODs were slightly less inclined to wear white coats than women.

I wear a white coat for the warmth:

35\%
Staff members wear business casual attire.
24\%
Clinical staff (only) wears scrubs.

$$
22 \%
$$

All staff members wear scrubs.
20\%
Staff members wear professional business attire.
15\%
Staff wears some uniform elements (polos or tops with logos).

#  <br> Focus on the WORK, Not the GENDER 

I would rather work FOR...


I would rather work WITH...


Competence and civility matter much more than gender."
"I like the understanding and bonding that has come with my women colleagues. However, I like the more easygoing aspect and less emotionally driven aspect of working with men ODs."
"Women are more fair as bosses. Men are easier to work with as teammates."
"I would rather work with someone who shows up and doesn't bring his/her personal drama into the workplace. I don't think that that is gender-specific.



# Toes, Hose or No Nos? 

In your opinion, is it OK for a doctor to wear open-toed shoes?

## Are open-toed shoes allowed in the office?



## ECPs Say That COST Is an Important

## Factor in Getting Patients to Accept TREATMENT PLAN

## BONUS

What percentage of your patients stay firmly within the frame/lens selection that their vision plan covers?

# 75\% 


Fewer than $10 \%$
Between $11 \%$ and $25 \%$
Between $26 \%$ and $50 \%$
Between $51 \%$ and $75 \%$
Between $76 \%$ and $90 \%$
More than $90 \%$
I don't know
say they offer patients options
for financing
their payments

How successful is your office in getting the patient to accept the full treatment plan prescribed by the doctor?


How much does cost impact a patient's decision to buy products/pursue services? ( 1 is very low impact and 5 is very high impact)


Among those who said that they offer patient financing options, CareCredit or specific health care financing was the most common solution.

